



March 8, 2014

Providence Canyon, Lumpkin, GA

This will be a great "first time" trail run for the novice runner or road runner. It will also challenge the seasoned trail runner at the ½ marathon distance. Beautiful scenery mixed with a challenging course will make the Canyon Crash a favorite year after year.

- **Start Times and Fees:**

- **13.1 miles 9:00am - \$55.00 (\$60.00 after February 16)**
- **10K 9:30am - \$45.00 (\$50.00 after February 16)**
- **5K 10:00am - \$35.00 (\$40.00 after February 16)**

****Register online at <http://ultrasignup.com/register.aspx?did=26689>**

****Like us at <https://www.facebook.com/pages/Flatlanders-Canyon-Crash-Trail-run-5k10k131-mile/1400506646859632>**

A portion of the proceeds will be donated to the Wounded Warrior Project - Wounded Warrior Project® (WWP) began when several veterans and friends, moved by stories of the first wounded service members returning home from Afghanistan and Iraq, took action to help others in need. What started as a desire to provide comfort items to wounded service members at Walter Reed Army Medical Center has grown into a holistic rehabilitative effort to assist warriors with visible and invisible wounds as they recover and transition back to civilian life. Tens of thousands of Wounded Warriors, family members, and caregivers receive support each year through WWP programs.

Participant Information: Event: 5K 10K 13.1

Last Name: _____ First Name: _____

Address: _____

Email Address: _____

Phone Number: _____ Age: _____

Emergency Contact Name and Number: _____

T-shirt size: _____ **T-shirt only guaranteed if registered by February 19th**

If mailing entry, please mail to: 1301 Pinecrest Drive, Albany, GA 31707

Waiver/Release:

Please enter me, and the individuals listed as their parent/guardian, as participants in the 2014 Flatlanders Canyon Crash. I hereby assume all risks associated with running or walking in this event, including, but not limited to, falls, the effects of weather, traffic, the conditions of the road, and contacts with other participants, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and, in consideration of the acceptance of my entry, I hereby and forever release Flatlanders Canyon Crash, race officials, volunteers and all sponsors, their representatives and successors, from any and all claims or liabilities of any kind arising out of my participation. I grant permission to all the foregoing to use any photographs, motion pictures, recording, or any record of this event for any legitimate purpose.

Signature: _____ Date: _____