

Knowing Your Resources



Need to Talk?
Military & Family
Life Consultants

(MFLCs) are here to listen. MFLCs provide short-term, non-medical counseling to Marines and their families through the Military & Family Life Consultant (MFLC) Program. MFLCs have been augmenting existing military support programs worldwide since 2004. Through the MFLC program licensed clinical providers assist Marines and their families with issues they may face through the cycle of deployment – from leaving their loved ones and possibly living and working in harm's way to reintegrating with their community and family. These are "Solution-Focused" counseling. For more information call 229.561.2741/563.9930.



A Volunteer-Centered, non-profit military aid society; which provides emergency financial aid and educational assistance

to active duty and retired Marines, Sailors and their families around the world. We have an Emergency Service Office (ESO) located in Albany. For more information or to make an appointment call: 229.639.5453.

For more Resource Information visit us at: www.logcom.marines.mil/FRO

Helpful Websites Individual/Family Readiness

LOGCOM Family Readiness
www.logcom.marines.mil/MARINES/FRO.aspx

Marine Corps Family Team Building (MCFTB)
www.mccsalbany.com/mcftb

Single Marine Program
www.usmc-mccs.org/smp/index.cfm?sid=ml

Marine & Family Services (Albany)
www.marineandfamilyservices.com

Military OneSource
www.militaryonesource.com

DoD Military Family Support
www.defense.gov/home/features/2011/0211_familysupport/

Operation Home Front-Georgia/Alabama
www.operationhomefront.net/georgiaalabama

Military Home Front
www.militaryhomefront.com

Contact Us:

Mrs. Salina P. McBride
Unit & Family Readiness Officer
229-639-7147 (Office)
229-364-3315 (Duty Cell)
SMBLOGCOMFRO@USMC.MIL



Logistics Solutions for the Warfighter



Unit, Personal & Family Readiness Program



Connecting the Pieces



Mission/Goal of the Program

The mission of the Unit, Personal and Family Readiness Program is to train, educate and prepare every Marine and their family to ensure optimum resiliency when faced with a variety of life cycle events. A high state of personal and family readiness will result, thereby ensuring the unit's high state of readiness.

4 Pillars of the Program

Official Communication: Facilitate two-way official communication between the Command, Marines and families regarding unit and family readiness information and requirements.

Information & Referral: Be a "single point-of-contact" for Marines and families regarding information, resource and referrals related to the available support programs and services on base, within the community, DoD wide, or at the state or national level.

Readiness & Deployment Support:

Provide resource, information, training and support services to enhance a Marine's personal and family readiness.

Volunteer Management: Volunteer support and participation is crucial to the success of the program. Opportunities are available for spouses, parents and extended family members.



Family Readiness Command Team

The Family Readiness Command Team is comprised of the Commanding Officer, Executive Officer, Sergeant Major, Chaplain, a Single Marine Representative, Command Team Advisors (Spouses), the Family Readiness Officer (FRO) and the Deputy FRO. This team's main goal is to be the problem-solving body for the unit Marines, spouses and designated parents/extended family members.

Unit Family Readiness Officer

The FRO represents the Commander's vision and serves as the hub of communication for family readiness issues. The FRO is responsible for the oversight and coordination of all aspects of family readiness, ensuring that official information flows to Marines and their families. In addition, the FRO provides support to the Single Marine Program.

Family Readiness Advisors/ Assistants

Family Readiness Advisors/Assistants are volunteers who are appointed to provide outlined support for the program. They are an extension of the FRO in providing information and resources in regards to military lifestyle challenges, support programs available and networking with families to get feedback on their well-being.

Volunteers Corps

Our Volunteer Corps is comprised of unit spouses and parents/family members who contribute their time to support the unit. Some volunteer opportunities include: Food Angels, Welcoming Committees, Event Coordinators and much more. They are truly the support backbone of this program.

Marine Corps Family TeamBuilding

Marine Corps Family TeamBuilding (MCFTB) provides educational resources and services to foster personal growth and enhance the readiness of Marine Corps families through the following programs: Family Readiness Training, Readiness and Deployment Support, Lifestyle, Insights, Networking, Knowledge and Skills (LINKS) and Life Skills Training.

Marine & Family Programs

The Marine and Family Services (M&FP) provides a wide variety of programs designed to strengthen our military community. Programs are designed first and foremost to enhance the mission, individual and family readiness, retention, and resilience of our Marines. Some of their programs include: Exceptional Family Member, Personal Financial Management, Counseling & Advocacy, New Parent Support, Relocation Assistance and much more.

Single Marine Program

The Single Marine Program (SMP) contributes to the total force readiness, job performance, and retention by supporting the enhancement of Quality of Life (QOL) for all single Marines, including unaccompanied Marines. QOL includes all activities and issues that directly or indirectly influence readiness, morale, living environment, personal growth and development.

School Liaison Officer (SLO)

The School Liaison Officer is there to mobilize and use community resources to reduce the impact of the mobile military lifestyle on military school-age children and families and to implement predictable support services that assist school-age children with relocations, life transitions and achieving academic success.