

# IN" "MATION AT A GLANCE

January / February 2014

## JANUARY

- ❑ **Coping with Work & Family Stress**; Bldg 7122 (Library); Jan. 07, 10, 14, 17, 21, 24, 31 @ 1600-1730
- ❑ **Alive @ 25: Driving Education**; Bldg 7600 (CDC) January 11<sup>th</sup>; 0800 - 1200
- ❑ **Martin Luther King, Jr. Event**; Base Chapel; January 14<sup>th</sup> 1000 – 1130.
- ❑ **Spouses "Meet & Greet"** ; Daniel's Fitness Ctr; Jan. 14<sup>th</sup>; 1300-1430. FMI call 639.6171.
- ❑ **Base Tax Center OPENS**; Bldg 3500; Walk-Ins Welcome. FMI call: 639.6186.
- ❑ **Parenting Seminar: Positive Parenting**; Bldg 7122 (Library); January 15<sup>th</sup>, 1630 – 1730
- ❑ **Welcome Aboard Brief**; Bldg 7122 (Library); Jan. 16<sup>th</sup>; 0900-1130
- ❑ **MCCS Quarterly Advisory Board Meeting**; SNCO Lounge; January 16 @ 1130. **\*\* Open to ALL Patrons \*\***
- ❑ **L.I.N.K.S. for Spouses**; Jan. 29; 0900 – 1500. FREE Childcare. Call 639.6171 for location or FMI.

## FEBRUARY

- ❑ **Care Package Workshop**; Youth & Teen Center; Feb. 04; 0900 – 1130. FREE Childcare. Call 639.6171 FMI.
- ❑ **SMP Monthly Meeting**; SMP Rec. Ctr; 1500; Feb. 6<sup>th</sup>
- ❑ **Black History Event**; Feb. 11; T&C Rest.; 1130-1300.
- ❑ **Resume Writing Workshop**; Bldg 7122 (Lib.); Feb. 12<sup>th</sup>; 0900 – 1130. Call 639.5276 FMI.
- ❑ **Jump for your Heart** hosted by the CDC; Thomason Gym; Feb. 13<sup>th</sup>; 1430 – 1600. Call 639.7930 FMI.
- ❑ **L.I.N.K.S. Mentor Meeting**; Lincoln Housing; Feb. 14<sup>th</sup>; 1000-1130. Call 639.6171 FMI.
- ❑ **L.I.N.K.S. Mentor Training**; Feb. 18; FMI call 639.6171.
- ❑ **Welcome Aboard Brief**; Bldg 7122 (Library); Feb. 20<sup>th</sup>; 0900-1130. FMI call 639.5276.
- ❑ **LifeSkills: Speaking with Style**; Feb. 26; 0900-1130; Call 639.6171 to register or FMI.

Events are subject to change. For the latest information visit: [www.mccsalbany.com](http://www.mccsalbany.com)

## COMMUNITY HAPPENINGS

- ❑ **10 Jan. – Sugar Shack Party (Adults Only)**; SNCO Lounge; 1830 **\*\* OPEN TO ALL Eligible patrons \*\***
- ❑ **10- 12 Jan. - Frontier Festival**; Parks at Chehaw; 0900-1700; Small Fee. FMI click [here](#).
- ❑ **11 Jan. – Barney's Run for Warriors**; MCLBA; 0800-1000. FMI click [here](#).
- ❑ **14 Jan. - Career Fair hosted by Troy University**; Troy University (321 William Jr. St.); 1000-1200

Click logos for more information.



## SCHOLARSHIP INFORMATION

- ❑ **Officers' Spouses' Club Annual Scholarship & Community Grant Application**; Jan. 1<sup>st</sup> – Mar 14<sup>th</sup>.
- ❑ **National Military Family Association's Military Spouses Scholarships**; Dec 1<sup>st</sup> – Jan. 31<sup>st</sup>.
- ❑ **Fisher House Military Children Scholarship**; Jan 1<sup>st</sup> – Feb 28<sup>th</sup>.
- ❑ **Marine Corps Scholarship Foundation**; Jan 1<sup>st</sup> – Mar 1<sup>st</sup>.
- ❑ **Marine Federal Credit Union Scholarship**; Jan 1<sup>st</sup> – Mar 15<sup>th</sup>.
- ❑ **Blacks In Government (BIG) S.T.E.M. Student Competition**; Registration Deadline: 24 January 2014.
- ❑ **Blacks In Government (BIG) Oratorical Competition**; Registration Deadline: 24 January 2014.

## MARK YOUR CALENDARS

- ❑ **Monthly Family Readiness Meeting**; Jan. 23<sup>rd</sup> (Thurs); 1100 – Order Lunch; 1130 – Meeting Starts.
- ❑ **MCCS Quarterly Advisory Board Meeting**; Jan. 16<sup>th</sup>; SNCO Lounge; 1130. **\*\* Open to ALL Patrons \*\***
- ❑ **Pre-K Registration Begins** ; Feb.5<sup>th</sup>; CDC; 0800-1800.
- ❑ **Jay(ne) Wayne Day**; Mar. 21<sup>st</sup>; 0830-1600. More information to follow.
- ❑ **Career & Education Fair**; Mar. 26<sup>st</sup>; More information to follow.
- ❑ **Annual Volunteer Appreciation Event**; Apr. 15<sup>th</sup> ; More information to follow.





# L.I.N.K.S.

Lifestyle, Insights, Networking,  
Knowledge and Skills

The only thing better than a cup of hot chocolate on a cold winter's day is to have fun with people who become friends for life.

Come to L.I.N.K.S. for Spouses, meet new friends and gain valuable insights into the military lifestyle.

29 Jan 2014 from 9am to 3pm

Conference Center

Registration required, call 639-6171 to register. Potluck lunch provided. Childcare is free and available at the CDC (you must make your own childcare reservations).



# MCLB YOUTH/TEEN CENTER

Course Description

## Alive at 25

Saturday January 11th 2014

Time: 8am-12pm

Location: CDC Bldg 7600

**Ages  
15-18**

Alive at 25 is a highly-effective four-hour course that serves as an excellent complement to standard driver education programs. Through interactive media segments, workbook exercises, role playing and more, young drivers develop convictions and strategies that will keep them safe on the road, with a strong focus on good decision making skills.

Those who complete the course can receive a vehicle insurance discount, up to 10%.

\* Discount is subject to individual insurance carrier approval (it is not guaranteed by MCCS or the National Safety Council)\*

**SPACE IS LIMITED!!!!**

R.S.V.P Required by Tuesday January 7th, 2014

P.O.C Michelle Ramos (Youth/Teen Center Director)

Phone: 639-8470 Email: ramosmic@usmc-mccs.org



Leadership Advocacy  
National Safety Council  
Research  
Education



## Coping with Work and Family Stress

Are you overwhelmed at work or at home?

Are you at your wits end?

Have you had it up to here? →

If you answered yes or maybe to any of these questions, come learn effective coping strategies for home and work.

Information will be presented on the following teaching skills aimed at eliminating or modifying stress, minimizing the use of avoidance coping, creating a personalized plan for addressing stressful situations and more.....

For more information call 639-7935.

**Open to base employees, retirees, reservists and their family members.**



This is a 12 session intervention class.

Dates and time for class:

January - 7, 10, 14, 17, 21, 24, 31

February - 4, 12, 19, 21, 25

4:00 - 5:30 p.m.

Bldg. 7122 Classroom (Library Bldg.)

Marine and Family Programs  
"Keeping Faith"





Remember! Celebrate! Act! A DAY ON...NOT A DAY OFF



2014 Rev. Dr. Martin Luther King, Jr. Ceremony

Tuesday January 14, 2014  
10:00 a.m. – 11:30 a.m.

Base Chapel  
Marine Corps Logistics Base, Albany, Georgia

This ceremony is open to everyone aboard MCLB, Albany

Keynote Speaker

Ms. Sandra Webb



*Beneath the Bars of Justice* is a work of historical fiction about a 13-year-old girl who defies her parents and participates in a civil rights protest rally in July 1962. Arrested for civil disobedience in Albany, she and 66 other teenager girls spend an unforgettable week in jail in Camilla, Georgia, where they were bused after being arrested. The highlight of their week was a visit from Dr. Martin Luther King, Jr. The story is a powerful lesson in courage and determination and an excellent read for both adults and teenagers.



POCs: Mr. Ira Thompson (229) 639-6212, SSgt Juana Snell (229) 395-8692, SSgt Henry Jones (229) 639-5181 or Mr. Angelo Knox (229) 639-5275

**Open to ALL MCLBA & family members.**

# Troy University Albany Site Career Fair

Tuesday, January 14, 2014

10:00 AM - 12:00 PM

Troy University Albany Site

321 William Jr. Street, Albany, GA, 31707



Our Annual Career Fair is a great opportunity for our students, current & prospective, and the general public to get to know some of our most valuable community organizations. Business attire preferred.

Featuring the following businesses & more:



## Parenting Seminar "Triple P"

Positive Parenting Program

15 January

4:30-5:30 p.m.

Bldg. 7122 Classroom  
(Library Bldg.)

For more information call 639-7935.

*Open to base employees, retirees and reservists and their family members.*



Help your child become emotionally resilient from birth to 12 years old.

Learn the six building blocks to raising resilient children:

- ❖ Recognizing Feelings
- ❖ Expressing Feelings,
- ❖ Building a Positive Outlook
- ❖ Dealing with Negative Feelings
- ❖ Developing Coping Skills
- ❖ Dealing with stress



Marine and Family Programs  
"Keeping Faith"





**BLACKS IN GOVERNMENT**  
**2014 SCIENCE, TECHNOLOGY, ENGINEERING & MATH**  
**(STEM) STUDENT COMPETITION**

**TOPIC: "Exploring the Capability of Robotic Engineering"**

**9<sup>th</sup> - 12<sup>th</sup> Grade Students Compete for Awards and Scholarships**



For More Information Contact:  
 Name: Mr. Demarco Moore or  
 Ms. Shaquanis Johnson

E-mail Address: [demarco.moore@hotmail.com](mailto:demarco.moore@hotmail.com)  
 or [Shaquanis.johnson1@gmail.com](mailto:Shaquanis.johnson1@gmail.com)

Registration Deadline: 24 Jan 14

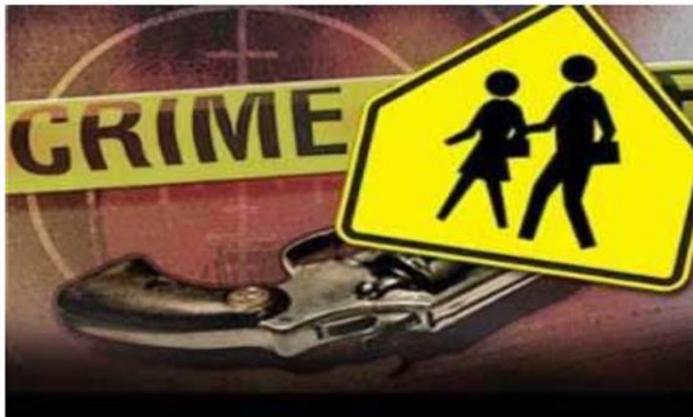
Phone: (910) 333-2322

*Blacks In Government Promotes Equity in All Aspects of American Life, Excellence in All We Do, and Opportunities for All Americans*



**BLACKS IN GOVERNMENT**  
**2014 ORATORICAL CONTEST**

**THEME: "Entertainment Or Behavior Modification:  
 Do Violent Video Games Promote Violent Actions?"**



• **9<sup>TH</sup> - 12<sup>TH</sup> GRADE STUDENTS COMPETE FOR AWARDS AND SCHOLARSHIPS**

For More Information Contact: Name **Mr. Moore** or **Ms. Johnson**  
 E-mail: [demarco.moore@hotmail.com](mailto:demarco.moore@hotmail.com) or  
[shaquanis.johnson1@gmail.com](mailto:shaquanis.johnson1@gmail.com)

Phone **(910) 333-2322**

Registration Deadline **24 JAN 14**

*Blacks In Government Promotes Equity in All Aspects of American Life, Excellence in All We Do, and Opportunities for All Americans*

# Care Package Workshop

MCFTB will be hosting a workshop to make care packages to send to



Show our Deployed Marines you **CARE!**



February 4th from 9-1100  
 at the Youth and Teen Center

To register call 639-6171.

Childcare is free and available at the CDC.



## About the Scholarships for Military Children Program

**The 2014 program is open! Submit your application to your commissary no later than February 28, 2014.**



Commissaries are an integral part of the quality of life offered to service members and their families. The Scholarships for Military Children Program was created in recognition of the contributions of military families to the readiness of the fighting force and to celebrate the role of the commissary in the military family community. It is the intent of the program that a scholarship funded through contributions be awarded annually for each commissary operated by the Defense Commissary Agency worldwide.

The Scholarships for Military Children Program is primarily funded through the generosity of manufacturers and suppliers whose products are sold at military commissaries, worldwide. We encourage military families to take advantage of their commissary benefits that not only provide a savings of more than 30 percent on the products purchased, but also support the military community through programs such as this scholarship. The [purchase of products from these companies funds the Scholarships for Military Children program.](#)

The Fisher House Foundation is honored to be involved with the Scholarships for Military Children Program. Fisher House Foundation provides a "Home Away from Home" near military medical centers for families experiencing a personal medical crisis and is one of the premiere quality of life organizations supporting military families. The Foundation volunteered to underwrite the administration of this program.

A minimum of one \$2,000 scholarship will be awarded at every commissary location where qualified applications are received. More than one scholarship per commissary may be available based on response and funding. The scholarship provides for payment of tuition, books, lab fees and other related expenses.

[Download the Scholarships for Military Children Fact Sheet \(PDF\)](#)

 **DONATE**  
HELP MILITARY FAMILIES

[WHO CAN APPLY](#)

[WHAT YOU NEED TO APPLY](#)

[WHERE TO APPLY](#)

[AWARD INFORMATION](#)

[VERIFY APPLICATION RECEIPT](#)

[FAQS](#)

[CHECKLIST](#)

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*Fisher House Foundation is ranked a Four Star Charity by Charity Navigator*

*Helping children of military families reach their goals for more than thirteen years!*

Family Reunion Checklist

- T-shirts
- Venue
- Fun!!!

# Register now!

2014 Free Family Reunion Workshop  
**2.1.2014** Merry Acres Conference Center

E-mail [jdsumner@albanyga.com](mailto:jdsumner@albanyga.com)



- Get Info
- Speak Up
- Get Involved
- Your Benefits
- Our Programs**
- Publications

Our Programs

Military Spouse Scholarships

- What You Need to Know
- Getting Started
- Important Dates
- FAQs
- In Their Own Words
- About Joanne Patton
- Results
- Sponsors
- Operation Purple Program

## Our Programs



Home > Our Programs > Military Spouse Scholarships

Share This Print

### Military Spouse Scholarships

Scholarships are now available - [APPLY NOW!](#)



The mission of this scholarship program is to help prepare military spouses for meaningful employment and to better contribute to their family's financial security.

The Joanne Holbrook Patton Military Spouse Scholarships are awarded to spouses of all Uniformed Services members:

- Active Duty
- National Guard and Reserve
- Retirees
- Survivors

The scholarship funds may be used for tuition, fees, and school room and board for:

- GED or ESL
- Vocational training and Professional certification
- Degree seeking (undergraduate and graduate degrees, including Ph.Ds. and post-doctoral programs)
- Licensure fees
- Clinical supervision for specific mental health licensure
- In-class or on-line
- Full-time or part-time

Scholarship selection is based on your completion of some survey questions which will help us advocate for education changes on your behalf, short-answer questions, and a you better. You must be a military spouse

National Sponsors



Distinguished Sponsors

Friends of NMFA

Donate

Until military families are relieved of the weight of war, we hope you will continue to contribute to their wellbeing.

Donate Today



## MARINE CORPS SCHOLARSHIP FOUNDATION

Honoring Marines by Educating Their Children

The Marine Corps Scholarship Foundation provides need-based scholarships to the children of Marines and Navy Corpsmen who attend an accredited undergraduate college or vocational/technical institution.

**SPECIAL SCHOLARSHIPS ARE AVAILABLE FOR THE CHILDREN OF THOSE WHO WERE WOUNDED OR HAVE FALLEN IN COMBAT.**



**APPLICATIONS ARE ACCEPTED JANUARY 1 - MARCH 1**

Applications and eligibility criteria available at [www.mcsf.org](http://www.mcsf.org)

Like us on Facebook at Marine Scholars and follow us at Twitter @MarineScholars



## Officers' Spouses' Club

MARINE CORPS LOGISTICS BASE  
ALBANY  
P.O. BOX 50703  
ALBANY, GA 31703

# 2013-14 Scholarship Applications



The Officers' Spouses' Club (OSC) of Albany, Georgia will be accepting applications for the 2013/14 school year. Last year, the OSC awarded over \$12,000 in scholarship and community enrichment grants. The OSC provides academic-based scholarships to spouses/children of Active Duty, Retired, Reservist and current OSC members residing in the local area.

Funding for our scholarships are accomplished through our annual Auction and Charity Event. Please consider joining us at this year's event. For more information visit:

[www.usmcoscalbany.webs.com](http://www.usmcoscalbany.webs.com)

**APPLICATIONS ARE ACCEPTED JANUARY 1 - MARCH 15**

Application and eligibility criteria can be found at [www.usmcoscalbany.webs.com](http://www.usmcoscalbany.webs.com)

Like us on Facebook at Officers-Spouses-Club-MCLB-Albany



THE  
AUCTION

Take your place on the red carpet



The Marine Corps Logistics Base  
Officers' Spouses' Club

Charity & Scholarship  
Auction

Saturday, February 15, 2014

Doublegate Country Club  
6:00 - 10:00 pm

All proceeds go to grants for  
local charities and scholarships  
for military family members



\$30 per guest  
Includes heavy hors d'oeuvres

Purchase online

<https://oscalbanyga.ticketbud.com/osc2014>