



Welcome to the Weekly In **FR**omation Blast brought to you by your Unit & Family Readiness Team. Get on-base, unit and local community happenings, important information and announcements. This is for planning and informational purposes only and are subject to change without notice.

02 Aug (Fri)

- ~ Base Movie: **The Heat** Rated: R-13;**1900**. *Open to Authorized Base Personnel.*
- ~ **Friday "FIT" Club**; **0830-0930** @ Daniels Fitness Ctr. *For all DoD Personnel in the local area.*
- ~ **Dinner & LIVE Music @ Our Daily Bread Cafe**; **1900** ; (106 N. Washington St.). FMI call 436-3725.

03 Aug (Sat)

- ~ Base Movie: **Monster's University – 3D** Rated: G-13;**1300**. *Open to Authorized Base Personnel.*
- ~ Base Movie: **World War Z – 3D** Rated: PG-13;**1900**. *Open to Authorized Base Personnel.*
- ~ **Home Depot's Kids Workshop**; **0900-1200**. *FREE for kids ages 5-12. Open to the Public.*
- ~ **Lee County's Back to School Bash**; **0930** @ Twin Oaks Elem. School. *FREE! See flyer on page 3.*
- ~ **Back-2-School Jam**; **1000** @ The Albany Mall. *FREE. See flyer on page 3.*
- ~ **FREE Skating Lessons**; **1000-1100** @ **Stardust 2 Skating Rink**. *FREE for all beginners.*

05 Aug (Mon)

- ~ **YMCA Fall Youth Soccer Registration**; *Ongoing registration. See flyer on page 4 for details.*
- ~ **Dougherty County Schools Begin classes.**

06 Aug (Tues)

- ~ **Play Mornings**; **0900-1100** @ Base Chapel Annex. For ages 5 and younger.

07 Aug (Wed)

- ~ **Monthly Retiree Breakfast**; **0600** @ Base Restaurant. *Open to All Active & Retirees in the community.*
- ~ Base Movie: **The Lone Ranger** Rated: PG-13;**1900**. *Open to Authorized Base Personnel.*

08 Aug (Thurs)

- ~ **Play Mornings**; **0900-1100** @ Base Chapel Annex. For ages 5 and younger.
- ~ **Toastmasters "Public Speaking Group" Weekly Meeting**; **1145** @ MCLBA Warehouse 1360.
Open to "ALL" DoD personnel & family members within the local community!
- ~ **Dinner in the Barracks - "Breakfast for Dinner"**; **1730** @ Keefe Hall.
FREE & Open to ALL Single/Geo-Bachelors Service Members stationed on MCLBA.

09 Aug (Fri)

- ~ **Georgia's Sales Tax Holiday**; **Friday & Saturday**. For more information, click [here](#).
- ~ Base Movie: **The Lone Ranger** Rated: PG-13;**1900**. *Open to Authorized Base Personnel.*
- ~ **Friday "FIT" Club**; **0830-0930** @ Daniels Fitness Ctr. *For all DoD Personnel in the local area.*
- ~ **Dinner & LIVE Music @ Our Daily Bread Cafe**; **1900** ; (106 N. Washington St.). FMI call 436-3725.

~ MOTIVATION THOUGHT OF THE WEEK ~

"Be kinder than is necessary because everyone you meet is fighting some kind of battle!"

“UPCOMING EVENTS – MARK YOUR CALENDARS”

 **MCCS Month Events Guide**; ~ MCCS Marketing department puts out a monthly events guide that highlights upcoming events and happenings that are being hosted various departments/programs. In addition, any changes to facility hours of operations, etc. will be posted here as well. Check it out [here](#).

 **Lowe’s Kids Workshop**; **August 10th & 11th; 1000 / 1400** ~ Come out, bring the kids and join the crew of Lowe’s for some high flying fun this weekend. Their FREE hands workshop; designed for kids ages 5 thru 12 will be building “Dusty” from Disney’s Planes. Register TODAY [here](#).

 **Spouses Meet & Greet “What Really Matters For Health? Workshop**; **August 14th; 1130 @ Darton State College** ~ This month’s meet & greet will be a field trip to Darton State College to learn about eating healthy and living a long life. It will be in reference to the “Paleo Diet”. If you are interested in attending, please RSVP by calling: 639-5199 by COB 09 August 2013. Childcare is FREE, however, registration is required by calling 639-5765. Come out and join the fun and get educated.

 **Enlisted Spouses Club (ESC) hosts “Ice Cream Social”**; **August 16th; 1800 @ Lincoln CC** ~ Come down to the Lincoln Housing Office for our Annual Ice Cream Social! This is Open to ALL Active Duty, Retired & Reservist Enlisted Spouses in the local commuting area!.

Get up-to-the-minute information on upcoming events on-base, off-base and in the community by liking our [Facebook Page!](#)

MILITARY ONESOURCE – A RESOURCE DURING THE FURLOUGH

Military OneSource: Something for Everyone

- Financial Preparations
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- Choosing schools for your child (booklet)
- Staying strong as a couple (CD)
- Disaster preparation (Webinar)
- Audio books, e-books
- Exam preparations
- Resume builder and more!



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Lee County Back to School Bash!



Saturday, August 3rd

9:30 a.m.

Twin Oaks Elementary School
240 Smithville Road, North

Free Admission!

Adults Will Attend Our
4-Mini Workshops
on the following topics:
Internet Crimes & Our Kids
Social Media
Drug & Alcohol Awareness
Parent Portal

Separate CHILDREN'S
Activities Provided

DOOR PRIZES

Must Be Present To Win

Bags Provided By:



FREE LEE COUNTY DRAWSTRING BAG
FILLED WITH BASIC SCHOOL SUPPLIES
FOR K-8TH GRADE STUDENTS
(WHILE SUPPLIES LAST)



You're invited to another great event in your community

AMERIGROUP & STRIVE 2 THRIVE PRESENT:



Saturday
AUGUST 3, 2013
10:00AM – 2:00PM

Albany Mall

2601 Dawson Road, Albany, GA

LIVE REMOTE WITH

96.3 WJZ

FREE SCHOOL SUPPLIES "While Supplies Last"!
FREE HEALTH SCREENINGS, GAMES, PRIZES & MORE!

Please call (706) 868-4412 to let us know if you will attend.



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MCLB YOUTH/TEEN CENTER

2013-2014 Afterschool Program

Hours of Operation:

Monday-Thursday 2:30-6:30 Friday 2:30-8:00

Programs Offered:

As a Boys & Girls Clubs of America affiliate site all programs fall under the following five core program areas: (1) Sports, Fitness, & Recreation, (2) The Arts, (3) Education & Career Exploration, (4) Health & Life Skills, & (5) Character & Leadership Development

Homework Assistance:

Monday-Thursday we provide homework assistance through Power Hour. Members receive points for having homework checked by staff which they can redeem at the end of each month for prizes.

View our calendar on the web @:

<http://www.mccsalbany.com/>

Annual Membership Fee: \$5

(Separate registration and fee required for Summer Program)



Just 4 Teens...

Teen Only Hours:

-Monday-Thursday-

6:30-8:00 pm

-Friday-

8:00-10:00 pm

Hours subject to change

Keystone:

Leadership Group for members ages 14+ (Meetings 2x each month) Plan special events, community service projects, and more!!!

Other programs are offered throughout the year

Resources:

SAT/ACT Study guides available onsite for our members.

Tutoring available upon request

Contact Info

Location:

9253 Crabb Ave

Phone Number:

639-5196

YTC Director:

Michelle Ramos

639-8470

ramosmic@usmc-mccs.org

YMCA YOUTH SOCCER FALL 2013

Fall Soccer Season: Sept-Nov

Ages: 4-13

Control date for age: August 1, 2013

Registration Dates: Aug 5– Aug 21

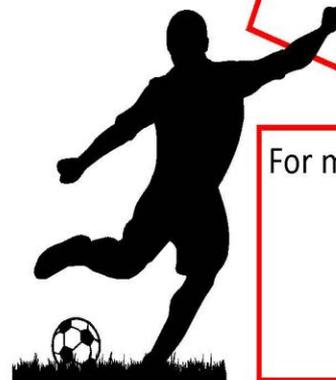
Location: Thomason Gym



Registration Fee:

Active Duty: \$50.00

Non-Active Duty: \$80.00



For more information, please
call 639-5246.

